



1110 Navaho Drive, Fourth Floor, Raleigh, NC 27609  
 (919) 872-7933 • [www.resourcesforseniors.com](http://www.resourcesforseniors.com)  
 Services and information for older adults and adults with disabilities  
 in Wake County, North Carolina

## VOLUNTEER OPPORTUNITIES

Last updated: 1/23/2020

The following is a list of some organizations whose operations focus on or depend on volunteers. It is not intended to be a complete list of organizations that offer opportunities for volunteers. Most nonprofit organizations and many for-profits such as healthcare organizations, hospice organizations, and long-term care facilities also need and appreciate the talents and energy of volunteers.

**AARP** – [www.aarp.org/giving-back](http://www.aarp.org/giving-back)

Search online for opportunities with various AARP programs, including Tax-Aide.

**American Cancer Society’s Road to Recovery Program**.....**800-227-2345**

[www.cancer.org/involved/volunteer/road-to-recovery](http://www.cancer.org/involved/volunteer/road-to-recovery)

Volunteers provide transportation for ambulatory cancer patients, to and from cancer therapy appointments.

**The Center for Volunteer Caregiving** .....**919-460-0567**

1150 SE Maynard Road, Suite 210, Cary, 27511

[www.volunteercaregiving.org/volunteer-2](http://www.volunteercaregiving.org/volunteer-2)

Volunteers provide assistance to seniors and adults with disabilities through a wide variety of activities, including friendly visiting, telephone reassurance, transportation, grocery shopping, meal preparation, light housekeeping, yard work, and respite care.

**Executive Service Corps of the Triangle (ESC)** .....**919-294-9803**

[www.esctriangle.org](http://www.esctriangle.org)

Executives who are retired (or working part-time/with a flexible schedule) volunteer as consultants to nonprofit agencies.

**Foster Grandparent Program** .....**919-996-6295**

[www.raleighnc.gov/safety/content/CommServices/Articles/FosterGrandparentsProgram](http://www.raleighnc.gov/safety/content/CommServices/Articles/FosterGrandparentsProgram)

Low-income adults ages 55+ volunteer in schools, providing tutoring and mentorship to children with exception or special needs. Minimum of 20 hrs/wk. Small stipend provided. National AmeriCorps Seniors program; administered locally by the City of Raleigh Community Engagement Division.

**Habitat for Humanity of Wake County** ..... Volunteer Engagement Manager: **919-744-2417**

[www.habitatwake.org/volunteer](http://www.habitatwake.org/volunteer)

Volunteer opportunities available throughout Wake and Johnston counties, helping build homes alongside future Habitat homeowners, assisting with home preservation projects, and more.

- HopeLine** .....919-832-3326  
[www.hopeline-nc.org/volunteer](http://www.hopeline-nc.org/volunteer)  
 Volunteers provide confidential listening services, crisis and suicide intervention, and information referrals to the community, or daily wellness check-in calls to individuals who are elderly, homebound, disabled, or who desire more social support.
- Meals on Wheels of Wake County** .....919-833-1749  
[www.wakemow.org](http://www.wakemow.org)  
 Volunteers deliver noontime meals to homebound older adults and persons with disabilities.
- North Carolina Baptist Aging Ministry (NCBAM)** .....877-506-2226  
[www.ncbam.org](http://www.ncbam.org)  
 Nonprofit agency coordinating help for seniors ages 65+ and their caregivers, through local Baptist congregations. Various volunteer opportunities available.
- North Carolina Reading Service** .....919-832-5138  
 211 East Six Forks Road, Suite 103, Raleigh, 27609  
[www.ncreadingservice.org](http://www.ncreadingservice.org)  
 Volunteers read newspaper, book, and magazine content over the radio and via the internet to benefit individuals who are blind or visually-impaired.
- North Raleigh Ministries** .....919-844-6676, ext. 152  
 9650 Strickland Rd., Ste. 161, Raleigh, 27615  
[www.northraleighministries.com](http://www.northraleighministries.com)  
 Various volunteer opportunities available serving North Raleigh residents in need (of all ages).
- Raleigh SeniorTechEd** .....919-954-3688  
[www.raleighseniorteched.org](http://www.raleighseniorteched.org)  
 Senior volunteers teach computer classes for other seniors, in Raleigh and Knightdale.
- RDU Volunteer Ambassador Program** .....919-840-7425  
[www.rdu.com/careers/volunteer-at-rdu](http://www.rdu.com/careers/volunteer-at-rdu)  
 Volunteers provide passenger assistance and information to those traveling through Raleigh-Durham (RDU) International Airport.
- Rebuilding Together of the Triangle** .....919-341-5980  
[www.rttriangle.org](http://www.rttriangle.org)  
 Group and individual volunteers assist with home repairs for low-income families in Wake, Durham, Orange, and Chatham counties (program assists homeowners of all ages, but priority is given to applicants who are elderly and/or disabled).
- Resources for Seniors** .....919-872-7933  
[www.resourcesforseniors.com/volunteering.php](http://www.resourcesforseniors.com/volunteering.php)  
 Volunteer opportunities include assisting with programs in senior centers and adult day centers, or assisting with home maintenance/repairs.

- SCORE Raleigh**.....**919-869-4151**  
 300 Fayetteville Street, Suite 440, Raleigh, 27602  
[www.raleigh.score.org](http://www.raleigh.score.org)  
 Volunteers with business experience offer free mentoring/consulting services, specific skills or expertise, and/or workshop presentations to new or existing businesses.
- Transitions LifeCare**.....**919-828-0890**  
 250 Hospice Circle, Raleigh, 27607  
<http://transitionslifecare.org/get-involved/volunteer>  
 Multiservice nonprofit organization founded as Hospice of Wake County. Various volunteer opportunities available, including providing family support and companionship to patients and families dealing with terminal illness.
- Urban Ministries of Wake County** .....**919-836-1642**  
 1390 Capital Boulevard, Raleigh, 27603  
[www.urbanmin.org/volunteer](http://www.urbanmin.org/volunteer)  
 Multiple volunteer opportunities available to assist low-income Wake County residents (of all ages).
- VolunteerMatch.org** [www.volunteermatch.org](http://www.volunteermatch.org)  
 Search volunteer opportunities nationwide, by location and interest area. Lists both on-site and virtual/computer-based opportunities.
- Volunteer Raleigh** .....**919-996-6295**  
[www.raleighnc.gov/home/content/CommServices/Articles/VolunteerRaleigh](http://www.raleighnc.gov/home/content/CommServices/Articles/VolunteerRaleigh)  
 Connects adults 18+ with volunteer opportunities within City of Raleigh departments and city-funded agencies and organizations.
- With Love from Jesus Ministries** .....**919-233-8010**  
 421 Chapanoke Road, Raleigh, 27603  
 Volunteers assist with organizing and distributing clothing, household goods, and food to those in need (of all ages).