If you feel that a loved one’s safety or health is at risk if they remain living at home, consult with their doctor about whether a long-term care facility may be appropriate. Before beginning to evaluate facilities, you will need to know the level of care that is needed. The official form that is filled out by a doctor to indicate this is called an FL-2.

### Types of Long-Term Care

There are two basic types of long-term care facilities, corresponding to different levels of care:

- **Skilled care**: Skilled nursing facilities, also called nursing homes or rehabilitation (rehab) centers, are appropriate when an individual needs ongoing nursing intervention (following an illness, or for chronic conditions) or for short-term intensive physical, occupational, or speech therapy. Patients need skilled care services, but do not require hospital care. Care is provided under the direction of a physician.

- **Assisted living**: Licensed as “adult care” in North Carolina, an assisted living level of care is appropriate for individuals who do not need skilled medical intervention but cannot live alone unsupervised. Room and board, activities, administration of medications, medical transportation, assistance with personal hygiene, and 24-hour supervision are included. Care can be provided in adult care homes (also called assisted living facilities, rest homes, or homes for the aged), which are licensed to care for seven or more residents, or family care homes, which are licensed to care for 2-6 residents. Some skilled care facilities and retirement communities also have adult care (assisted living) sections. There are also group home options for specific populations, such as DDA homes for developmentally disabled adults.

### Paying for Long-Term Care

Long-term care can be extremely costly. A typical cost in Wake County may be $3,000-$8,000 per month for an assisted living facility, and $7,000 or more per month for a skilled care facility.

When evaluating facilities, be sure to discuss payment options. For nursing facilities, ask if the facility is Medicare and Medicaid-certified. For assisted living facilities, ask if the facility accepts Special Assistance. If you anticipate applying for public funding, ask if the facility requires payment in advance if there is an application pending.

**Medicare:**

It is a common misconception that Medicare will cover most of the cost of long-term care. In fact, Medicare pays for less than 2% of skilled care, limited to short-term stays after an individual meets strict criteria including prior hospitalization, and Medicare does not pay for assisted living care under any circumstances.
Medicaid:
Medicaid rules are complex. It is a good idea to get information from a specialist before money runs out, and before considering any transfers of assets.

- **Long Term Care Medicaid:** The cost of **skilled care** can be covered by Long Term Care Medicaid, also referred to as “Nursing Home Medicaid,” for many people who have exhausted their personal resources. To be eligible, an individual must meet age and disability criteria as well as income and resource (asset) limits. The eligibility requirements for receiving Medicaid in a nursing home are quite different from the Medicaid requirements for community-dwelling adults; many people not eligible for Medicaid when living at home become eligible when they enter a nursing home. Also, it is **not** the case that a couple must use up all of their joint assets in order to qualify one of them for nursing home Medicaid; current rules allow some assets and income to be allocated for the use of the spouse who remains at home. Owning a home does not automatically disqualify you from getting Medicaid, but transferring the home or other property to a different owner (other than the spouse) could make an individual ineligible for coverage.

  **For more information contact Wake County Human Services, at 919-212-7000. Also see:**
  www.wakegov.com/humanservices/social/medicaid/adult/Pages/ltc.aspx.

- **Special Assistance:** The cost of **assisted living care** can be covered not by Medicaid directly, because it is not considered a medical service, but rather under a state/county program called Special Assistance. To be eligible, an individual must meet strict age and disability criteria as well as income and resource (asset) limits. An applicant whose income is too high is ineligible even if they cannot afford to pay privately for care. If eligible, Special Assistance pays for the room and board portion of costs, after the resident’s own income has been applied (individuals are only allowed to keep a very small amount of their income), and the resident also receives Medicaid to cover the cost of medical care and prescription medications.

  **For more information contact Special Assistance at Wake County Human Services, at 919-212-7138. Also see:**

Even if a facility accepts Medicaid or Special Assistance, they may limit the number of beds allocated for patients on public assistance. As a result it may be difficult to find a long-term care bed for an individual who is entering the facility on Long Term Care Medicaid or Special Assistance. It is often easier to find a place if the individual is able to pay privately for some period of time, then convert to public assistance funding when personal resources are exhausted.

**Long-Term Care Insurance:**
If you have long-term care insurance, call a representative for more information about your policy’s benefits, specific to long-term care in a facility, as policies vary.

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**Evaluating Facilities**

When visiting facilities, ask plenty of questions to be sure the facility provides the level of care and staff training that your loved one requires. Visit more than once if possible, at different times of day and on different days of the week. For a detailed checklist to use when evaluating facilities, see the **Guide to Choosing a Long Term Care Facility** at www.resourcesforseniors.com/resourcelist.php, or call Resources for Seniors to request a copy. **Senior & Adult Services** at Wake County Human Services may also be helpful to families making placement decisions. See page 9.
This is a listing of all facilities currently licensed in Wake County to provide skilled nursing care. Most also provide rehabilitation services such as physical or occupational therapy for patients recovering from surgery or illness. Some have adult care (assisted living) sections. The following facilities participate in Medicare and Medicaid, but Medicaid beds may be limited.

Ratings Resource:

Medicare Care Compare, [www.medicare.gov/care-compare](http://www.medicare.gov/care-compare)
Choose “Nursing homes” in the “Provider type” drop-down menu to search for Medicare-certified nursing homes and rehab facilities by location. Listings show an overall rating based on quality of resident care, staffing levels, and health inspection reports.

**BellaRose Nursing and Rehab**  [www.bellarosehealth.com](http://www.bellarosehealth.com) ................................................................. 919-985-8400
200 BellaRose Wake Way, Garner, 27529
Licensed for 100 nursing patients. Short and long-term rehabilitation and nursing care.

**Capital Nursing and Rehabilitation Center** ................................................................. 919-231-6045
3000 Holston Lane, Raleigh, 27610
Licensed for 125 nursing patients. Rehabilitation and nursing care.

**Cary Health and Rehabilitation Center**  [www.consulatehealthcare.com](http://www.consulatehealthcare.com) .................. 919-851-8000
6590 Tryon Road, Cary, 27518
Licensed for 120 nursing patients. Long-term nursing care. Dementia care on a case-by-case basis.

**Glenaire**  [www.glenaire.org](http://www.glenaire.org) ........................................................................................ 919-460-8095
4000 Glenaire Circle, Cary, 27511
Continuing Care Retirement Community (CCRC) that offers direct admission to Nursing level of care. Licensed for 71 certified beds. Ages 62+.

**Hillcrest Raleigh at Crabtree Valley**  [www.hillcrestnc.com/raleigh-nc](http://www.hillcrestnc.com/raleigh-nc) .................. 919-781-4900
3830 Blue Ridge Road, Raleigh, 27612
Licensed for 134 nursing patients. Specializes in inpatient rehabilitation.

**Hillside Nursing Center of Wake Forest**  hillsidenursingcenter.com ................................................................. 919-556-4082
968 E. Wait Avenue, Wake Forest, 27587
Licensed for 130 nursing patients (including 12 dementia care), and 20 adult care.

**The Laurels of Forest Glenn**  [www.laurelsofforestglenn.com](http://www.laurelsofforestglenn.com) ................................................................. 919-772-8888
1101 Hartwell Street, Garner, 27529
Licensed for 120 nursing patients, and 20 adult care. Rehabilitation and nursing care.

**Litchford Falls Healthcare & Rehabilitation Center** ................................................................. 919-878-7772
8200 Litchford Road, Raleigh, 27615
Licensed for 90 nursing patients, and 24 adult care. Short and long-term rehabilitation and nursing.

**The Oaks at Whitaker Glen-Mayview**  [www.pruitthealth.com](http://www.pruitthealth.com) ................................................................. 919-828-2348
513 E. Whitaker Mill Road, Raleigh, 27608
Licensed for 91 certified beds. Rehabilitation and nursing care.

**PruittHealth – Raleigh**  [www.pruitthealth.com](http://www.pruitthealth.com) ................................................................. 919-755-0226
2420 Lake Wheeler Road, Raleigh, 27603
Licensed for 150 nursing patients (including 20 dementia care). Short and long-term rehabilitation and nursing care.
Raleigh Rehabilitation Center  www.raleighrehabhc.com ...........................................919-828-6251
616 Wade Avenue, Raleigh, 27605
Licensed for 157 nursing patients. Short and long-term rehabilitation and nursing care.

Sunnybrook Rehabilitation Center  www.sunnybrookrehab.com ...........................................919-231-6150
25 Sunnybrook Road, Raleigh, 27610
Licensed for 95 nursing patients. Short-term and sub-acute rehabilitation, and long-term nursing.

Tower Nursing and Rehabilitation Center .................................................................919-231-8113
3609 Bond Street, Raleigh, 27604
Licensed for 180 nursing patients, and 6 adult care. Rehabilitation and nursing care.

UNC Rex Rehabilitation and Nursing Care Center, Apex  www.rexhealth.com ....919-363-6011
911 S. Hughes Street, Apex, 27502
Licensed for 107 nursing patients. Short-term and post-acute rehabilitation, and nursing care.

UNC Rex Rehabilitation and Nursing Care Center, Raleigh  www.rexhealth.com .919-784-6600
4210 Lake Boone Trail, Raleigh, 27607
Licensed for 120 nursing patients. Sub-acute rehabilitation, and long-term nursing care.

Universal Health Care, Fuquay-Varina .................................................................919-577-0421
410 S. Judd Parkway SE, Fuquay-Varina, 27526
Licensed for 100 nursing patients. Rehabilitation and nursing care.

Universal Health Care, North Raleigh .................................................................919-872-7033
5201 Clarks Fork Drive NW, Raleigh, 27616
Licensed for 132 nursing patients. Rehabilitation and nursing care.

Wellington Rehabilitation and Healthcare  www.consulatehealthcare.com ........919-266-7744
1000 Tandal Place, Knightdale, 27545
Licensed for 80 nursing patients. Short and long-term rehabilitation, and long-term nursing care. Dementia care on a case-by-case basis.

Zebulon Rehabilitation Center  www.zebulonrehab.com ...........................................919-269-9621
509 W. Gannon Avenue, Zebulon, 27597
Licensed for 60 nursing patients.
ASSISTED LIVING FACILITIES
(Adult Care Homes and Family Care Homes)

Ratings Resources:

Information on all licensed assisted living facilities in NC. “Star rating” system gives each facility a rating of 1-4 stars, based on inspection results. A basic score is 3 stars; places receive deductions for violations and increases for positive features. A facility can only earn 4 stars after two consecutive high ratings. From the NC Division of Health Service Regulation.

Wake County Facilities,
services.wakegov.com/pmcweb/AdultCareListing.aspx?HomeType=AdultCare
Information on all assisted living facilities in Wake County. Lists recent complaints. From Wake County Human Services.

Adult Care Homes
This is a listing of facilities currently licensed in Wake County to provide adult care (assisted living care) for seven or more residents.

(SA) = Special Assistance accepted

The Addison of Fuquay-Varina (SA)  www.seniorlifestyle.com ................................................. 919-577-8102
6516 Johnson Pond Road, Fuquay-Varina, 27526
Licensed for 96 residents, including 36 dementia care. Formerly Carillon Assisted Living of Fuquay-Varina.

The Addison of Knightdale (SA)  www.seniorlifestyle.com ......................................................... 919-266-6676
2408 Hodge Road, Knightdale, 27545
Licensed for 96 residents, including 26 dementia care. Formerly Carillon Assisted Living of Knightdale.

Brighton Gardens of Raleigh  www.sunriseseniorliving.com ....................................................... 919-571-1123
3101 Duraleigh Road, Raleigh, 27612
Licensed for 115 residents, including 25 dementia care.

Brookdale Cary  www.brookdale.com .......................................................... 919-852-1355 or 919-346-4097
7870 Chapel Hill Road, Cary, 27513
Dementia care only. Licensed for 50 residents.

Brookdale MacArthur Park  www.brookdale.com ......................................................... 919-460-5959 or 919-335-6202
111 MacArthur Drive, Cary, 27513
Licensed for 80 residents, including some dementia care.

Brookdale Wake Forest  www.brookdale.com ......................................................... 919-562-8400 or 919-335-6790
611 S. Brooks Street, Wake Forest, 27587
Licensed for 70 residents, including some dementia care.

Brookridge Assisted Living (SA) .......................................................... 919-362-6266
312 Lynch Street, Apex, 27502
Licensed for 55 residents.

Cadence Garner  www.cadencegarner.com .......................................................... 919-773-1550
200 Minglewood Drive, Garner, 27529
Licensed for 84 residents, including some dementia care. Formerly Carillon Assisted Living of Garner.
Cadence North Raleigh  www.cadencenorthraleigh.com ................................................. 919-876-6316
5219 Old Wake Forest Road, Raleigh, 27609
Licensed for 96 residents, including 36 dementia care. Formerly Carillon Assisted Living of North Raleigh.

Cadence at Wake Forest  www.cadencewakeforest.com ................................................. 919-569-2101
3218 Heritage Trade Drive, Wake Forest, 27587
Licensed for 96 residents, including 36 dementia care. Formerly Carillon Assisted Living of Wake Forest.

Coventry House of Zebulon ................................................................. 919-269-7762
1205 W. Gannon Avenue, Zebulon, 27597
Licensed for 60 residents.

4510 Duraleigh Road, Raleigh, 27612
Licensed for 120 residents, including 60 dementia care.

Elmcroft of Northridge  www.elmcroft.com ......................................................... 919-848-4906
600 Newton Road, Raleigh, 27615
Licensed for 161 residents, including dementia care.

Falls River Court Memory Care  www.seniornstyle.com ................................................. 919-844-2499
1130 Falls River Avenue, Raleigh, 27614
Dementia care only. Licensed for 38 residents.

Falls River Village Assisted Living  www.seniornstyle.com ................................................. 919-844-9747
1110 Falls River Avenue, Raleigh, 27614
Licensed for 60 residents.

HeartFields at Cary  www.fivestarseniorliving.com ................................................. 919-852-5757
1050 Crescent Green Drive Cary, 27518
Licensed for 97 residents, including some dementia care.

Lawndale Manor (SA)  www.lawndalemanorassistedliving.com ................................................. 919-662-0099
601 Lakeside Drive, Garner, 27529
Licensed for 62 residents.

Magnolia Glen  www.lifeatlagnoliaglen.com ......................................................... 919-373-2895 or 919-841-4747
5301 Creedmoor Rd., Raleigh, 27612
Rental retirement community with 66 Assisted Living units. Ages 55+.

Morningside of Raleigh  www.fivestarseniorliving.com ................................................. 919-828-5557
801 Dixie Trail, Raleigh, 27607
Licensed for 110 residents, including some dementia care.

Oliver House (SA)  www.affinitylivinggroup.com ......................................................... 919-366-9737
4230 Wendell Boulevard, Wendell, 27591
Licensed for 100 residents, including some dementia care.

Phoenix Assisted Care (SA) ................................................................. 919-460-8644
201 W. High Street, Cary, 27513
Licensed for 120 residents, including some dementia care.

Spring Arbor of Apex  springarborliving.com ......................................................... 919-303-9990
901 Spring Arbor Court, Apex, 27502
Ages 60+. Licensed for 76 residents, including some dementia care.

Spring Arbor of Cary  springarborliving.com ......................................................... 919-388-9635
1705 Kildaire Farm Road, Cary, 27511
Ages 60+. Licensed for 80 residents, including some dementia care.
Spring Arbor of Raleigh  springarborliving.com ................................................................. 919-250-0255
1810 N. New Hope Road, Raleigh, 27604
Ages 60+ (55+ for dementia care). Licensed for 80 residents, including some dementia care.

Sunrise of Cary  www.sunriseseniorliving.com ................................................................. 919-462-9147
1206 W. Chatham Street, Cary, 27513
Licensed for 85 residents, including 33 dementia care.

Sunrise at North Hills  www.sunriseseniorliving.com .................................................... 919-981-6100
615 Spring Forest Road, Raleigh, 27609
Licensed for 160 residents, including 24 dementia care.

Sunrise of Raleigh  www.sunriseseniorliving.com ........................................................ 919-787-0777
4801 Edwards Mill Road, Raleigh, 27612
Licensed for 100 residents, including 46 dementia care.

Wake Assisted Living Memory Care (SA)  www.wakememorycare.com .................. 919-231-7575
2800 Kidd Road, Raleigh, 27610
Dementia care only. Licensed for 60 residents.

Waltonwood Cary Parkway  www.waltonwood.com ..................................................... 919-439-4490
750 Southeast Cary Parkway, Cary, 27511
Rental retirement community with 85 Assisted Living units, including some dementia care.
Ages 55+.

Waltonwood Lake Boone  www.waltonwood.com .......................................................... 919-569-5775
3550 Horton Street, Raleigh, 27607
Rental retirement community with 68 Assisted Living units, including some dementia care.
Ages 55+.

Woodland Terrace  www.kiscoseniorliving.com ............................................................. 919-465-0356
300 Kildaire Woods Drive, Cary, 27511
Rental retirement community with 84 Assisted Living units, including some dementia care.
Ages 55+.

Zebulon House (SA)  affinitylivinggroup.com/community ............................................. 919-269-6061
551 Pony Road, Zebulon, 27597
Licensed for 60 residents, including 31 dementia care.

Family Care Homes
This is a partial listing of facilities currently licensed in Wake County to provide adult care (assisted living care) for 2-6 residents. They are often converted houses in residential areas. Some are not fully accessible for wheelchairs.

(SA) = Special Assistance accepted

Allcare Assisted Living  www.allcarehha.com ............................................................... 919-661-0289
202 Bainbridge Circle, Garner, 27529
Ages 18+. Licensed for 6 residents.

Ann’s Family Care #4 (SA) .......................................................... 919-803-6580
208 Blanchard Street, Raleigh, 27603
Ages 18+. Licensed for 5 residents.

Ann’s New Day (SA) .......................................................... 919-790-7663
400 Parnell Drive, Raleigh, 27610
Ages 18+. Licensed for 6 residents.
Ann’s Sunrise II (SA).......................................................................................................................... 919-720-4011
404 Parnell Drive, Raleigh, 27610
Ages 18+. Licensed for 6 residents.

Avendelle Assisted Living  www.avendelle.com

Carlton Pointe, 451 Bendemeer Lane, Rolesville, 27571 .................................................. 919-435-1250
Fuquay, 709 Minerva Dale Drive, Fuquay-Varina, 27526........ 857-413-7599 or 919-285-2974
Heritage, 5112 Granitic Drive, Rolesville, 27571 .................................................. 919-435-6145
Lazy River, 2268 Lazy River Drive, Raleigh, 27610 ........ 919-888-0008 or 919-917-7992
Maynard, 1104 SE Maynard Avenue, Cary, 27511 ...................... 919-650-1676
Rolesville, 129 Nortwick Road, Rolesville 27571.......................... 919-263-8119
Shepherds Vineyard, 1100 Wellstone Circle, Apex, 27502 .................. 919-446-6222
Southern Oaks, 605 Lawson Cypress Lane, Fuquay-Varina, 27526 ........ 919-762-7219
Waterford Landing, 1008 Flower Round Court, Raleigh, 27610 ........ 919-255-6890
Wyckford, 4520 Dilford Drive, Raleigh, 27604 ...................... 919-231-7008

Bright Horizon  www.brighthorizoncare.com ................................................................. 919-852-3918
1405 Falls Church Road, Raleigh, 27609
Ages 60+. Licensed for 6 residents.

Bright Horizon at Lake Boone  www.brighthorizoncare.com ........ 919-977-9574 or 919-852-3918
3324 Lake Boone Trail, Raleigh, 27609
Ages 55+. Licensed for 6 residents.

Brightside Homes 2 (SA)......................................................................................................... 919-986-8800
105 Avery Street, Garner, 27529
Ages 18+. Licensed for 6 residents. Residents must be ambulatory.

Brown’s Family Care Home (SA) .................................................................................. 919-362-6686
8416 James Rest Home Road, New Hill, 27562
Ages 18+. Licensed for 6 residents.

Care Innovations of North Carolina .............................................................. 919-749-7677 or 919-373-0353
2409 Horton Road, Knightdale, 27545
Licensed for 4 residents.

Chantilly Care Home at RiverStone  www.chantillycarehome.com ..................................... 919-726-8999
1116 Chilmark Avenue, Wake Forest, 27587
Licensed for 3 residents.

Compassionate Place Home .................................................................................. 919-325-0722
3401 Sheryl Drive, Raleigh, 27604
Licensed for 5 residents.

Dedove Homes at River Knoll .................................................................................. 919-771-7157
1616 River Knoll Drive, Raleigh, 27610
Licensed for 6 residents.

Elsie’s Place .................................................................................................................. 919-847-9495
10916 Raven Rock Drive, Raleigh, 27614
Ages 55+. Licensed for 6 residents.

Gracie Sturdivant Care Home ............................................................................. 919-217-8984 or 919-771-6471
1004 Edenhurghs Keep Drive, Knightdale, 27545
Ages 55+. Wheelchair-accessible. Licensed for 6 residents.

Gracie Sturdivant Care Home at North Raleigh ..................................... 919-846-2389 or 919-771-6471
2445 Deanwood Drive, Raleigh, 27615
Kelley’s Family Care Home  www.kelleysfamilycare.com ........................................  919-896-4195
  1919 High Holly Lane, Raleigh, 27614
  Wheelchair-accessible. Licensed for 6 residents.

Lakepark Family Care Home  www.lakeparkfamilycarehome.com ...................................  919-977-3364
  1505 Lakepark Drive, Raleigh, 27612
  Formerly Falls of Neuse Senior Living. Specializes in dementia care. Licensed for 3 residents.

Lynn’s Care Home at Riverside  lynnscarevillage.com .......................................................  919-621-9670
  5614 Apalachicula Drive, Raleigh, 27616
  Women ages 65+ with dementia only. Wheelchair-accessible. Licensed for 6 residents.

Lynn’s Care Home at Sandy Forks  lynnscarevillage.com .....................................................  919-621-9670
  6809 Sandy Forks Road, Raleigh, 27615
  Women ages 65+ with dementia only. Licensed for 3 residents.

The Manor at Coventry Creek ........................................................................................................  919-264-0775
  5124 Werribee Drive Raleigh, 27616
  Ages 55+. Licensed for 6 residents.

The Manor at Edgewater ..................................................................................................................  919-264-0775
  1038 Stormy Lane, Raleigh, 27610
  Ages 55+. Licensed for 6 residents.

The Manor at Perry Creek (SA) ......................................................................................................  919-977-3367
  7305 Perry Creek Road, Raleigh, 27616
  Ages 55+. Licensed for 6 residents.

Mercy Manor at Saybrooke ............................................................................................................  919-271-0917
  6320 Saybrooke Drive, Raleigh, 27604
  Licensed for 6 residents.

Mim’s Family Care Home (SA) ......................................................................................................  919-552-6455
  6337 Mims Road, Holly Springs, 27540
  Ages 50+ preferred. Licensed for 6 residents.

R & S Family Care Home (SA) ......................................................................................................  919-821-4546
  1445 Sawyer Road, Raleigh, 27610
  Licensed for 5 residents.

The Retreat at Cary  www.retreatcary.com ....................................................................................  919-468-3096
  309 Tweed Circle, Cary, 27511
  Ages 55+. Wheelchair-accessible. Licensed for 6 residents.

Rose Hill #2 (SA) ..........................................................................................................................  919-522-8581
  2305 Glascock Street, Raleigh, 27610
  Ages 18+. Licensed for 6 residents. Residents must be ambulatory.

Rose Hill Family Care (SA) ..........................................................................................................  919-522-8581
  1116 Beverly Drive, Raleigh, 27610
  Ages 18+. Licensed for 6 residents. Residents must be ambulatory.

Tiffany’s Family Care Home (SA) ..................................................................................................  919-772-3755
  1139-A Benson Road, Garner, 27529

Val’s Place at Brookhaven  www.valsfamilycare.com ..............................................................  919-606-9804 or 919-977-7185
  6112 Winthrop Drive, Raleigh, 27612

Wrenette’s Place .............................................................................................................................  919-779-4456
  7029 San Juan Hill Court, Raleigh, 27610
  Ages 50+. Licensed for 6 residents.
LICENSING AND MONITORING OF FACILITIES

Division of Health Service Regulation  https://info.ncdhhs.gov/dhsr
NC Department of Health and Human Services
Licenses and monitors all nursing facilities and assisted living facilities in North Carolina.
Surveys nursing facilities for Medicare and Medicaid certification. Investigates complaints.
Complaint Hotline................................................................. 919-855-4500 or 800-624-3004
Nursing Home Licensure and Certification ...........................................919-855-4520
Adult Care Licensure ........................................................................919-855-3765

Senior & Adult Services  www.wakegov.com/humanservices/social/senior_adult  ....919-250-3835
Wake County Human Services, 220 Swinburne St., Raleigh, 27610
Monitors and investigates complaints regarding adult care homes (assisted living and family care homes) in Wake County, and assists individuals and families with placement decisions.

ADVOCACY FOR RESIDENTS OF LONG TERM CARE

Friends of Residents in Long-Term Care  www.forltc.org.................................................919-782-1530
Nonprofit providing information for families and residents with concerns about long-term care.
Regional Long-Term Care Ombudsman Program ..................... 919-558-2711 or 800-310-9777
Triangle J COG Area Agency on Aging
www.tjcog.org/ombudsman.aspx
Advocates on behalf of long-term care facility residents to uphold residents’ rights and address quality of care and quality of life issues; investigates grievances.