RETIREMENT COMMUNITIES

Rental Retirement Communities

Rental retirement communities offer independent living with meals available in a common dining room. Other services, including housekeeping, linen service, activities, and transportation, may also be available. Assisted living units are available in some communities as noted below. Most communities are designated for those 55+; others have a higher minimum age requirement.

Monthly fees vary with the type of accommodations and the level of services chosen. Fees often begin at over $2,200 per month for an individual. These communities are primarily private-pay, where there is no public assistance or subsidy available.

**Abbotswood at Stonehenge**, 7900 Creedmoor Rd., Raleigh, 27613........................................ 919-651-4882  
Assisted living available. 60+.  [www.lifeatabbotswood.com](http://www.lifeatabbotswood.com)

**Atria Oakridge**, 10810 Sandy Oak Ln., Raleigh, 27614 ................................. 919-935-0118  
[www.atria-oakridge.com](http://www.atria-oakridge.com)

**Brookdale North Raleigh**, 1200 Carlos Dr., Raleigh, 27609................................. 919-338-5394  

**Cambridge Village of Apex**, 10000 Cambridge Village Loop, Apex, 27502............... 919-363-2080  
Assisted living available.  [www.cambridgevillageofapex.com](http://www.cambridgevillageofapex.com)

**Capital Oaks Retirement Resort**, 6498 Ray Rd., Raleigh, 27613 ................................. 919-784-0099  
[www.capitaloaksretirement.com](http://www.capitaloaksretirement.com)

**The Gardens at Wakefield Plantation**, 12800 Spruce Tree Wy., Raleigh, 27614 ............. 919-813-2590  
[www.gardensatwakefield.com](http://www.gardensatwakefield.com)

**Independence Village Of Olde Raleigh**, 3113 Charles B. Root Wynd, Raleigh, 27612...... 877-931-8238  
Assisted living available.  [www.independencevillageofolderaleigh.com](http://www.independencevillageofolderaleigh.com)

[www.jordan-oaks.com](http://www.jordan-oaks.com)

**The Lodge at Wake Forest**, 1151 S. Main St., Wake Forest, 27587 ............................... 919-939-2483  
[www.lodgeatwakeforest.com](http://www.lodgeatwakeforest.com)

**Magnolia Glen**, 5301 Creedmoor Rd., Raleigh, 27612........................................... 919-651-3803  
Assisted living available.  [www.lifeatmagnoliaglen.com](http://www.lifeatmagnoliaglen.com)

**Preston Pointe**, 1955 NW Cary Pkwy., Morrisville, 27560................................. 919-249-7001  
[www.prestonpointe.com](http://www.prestonpointe.com)

**Waltonwood Cary Parkway**, 750 SE Cary Pkwy., Cary, 27511............................... 919-651-3964  

**Waltonwood Lake Boone**, 3550 Horton St., Raleigh, 27607............................... 919-569-5444  
Continuing Care Retirement Communities

Continuing Care Retirement Communities (CCRCs), sometimes called Life Care Communities or Life Plan Communities, offer a full range of living arrangements, from independent living to skilled nursing care, housed within the same community. This allows residents to remain living within the same community as their needs change. CCRC accommodations may include cottages, villas, townhomes, apartments, assisted living, and nursing home care.

In most cases residents need to be able to function independently at the time of admission, and most CCRCs have a minimum age requirement. CCRCs usually require substantial entrance fees (e.g. upwards of $100,000) in addition to monthly fees. In some communities the entrance fees are partially refundable depending on length of stay; in others the property is purchased at the time of entrance into the community, and the resident has equity in the home as an owner rather than a tenant.

CCRCs provide many services for their residents including activities, meals, housekeeping, transportation, and health-related services. Depending on the nature of the contract, these services may be included in a monthly fee or purchased as needed. Fees vary for differing levels of accommodations and services.

CCRCs in North Carolina are regulated by the North Carolina Department of Insurance. Find their guide to CCRCs here: [www.ncdoi.com/SE/Continuing_Care_Retirement_Communities.aspx](http://www.ncdoi.com/SE/Continuing_Care_Retirement_Communities.aspx).

The Cardinal at North Hills, 4030 Cardinal at North Hills St., Raleigh, 27609 ...................... 984-234-5606
Month-to-month fee only; no separate entrance fee. [lifeatthecardinal.com](http://lifeatthecardinal.com)

The Cypress of Raleigh, 8801 Cypress Lakes Dr., Raleigh, NC 27615 .......................... 919-870-9007
Equity ownership model. [www.thecypressofraleigh.com](http://www.thecypressofraleigh.com)

Glenaire, 4000 Glenaire Circle, Cary, NC 27511 ........................................ 919-460-8095 or 800-225-9573
Nonprofit; Presbyterian-sponsored. Refundable admission fee. [www.glenaire.org](http://www.glenaire.org)

The Oaks at Whitaker Glen, 501 E. Whitaker Mill Rd., Raleigh, NC 27608 ................... 919-839-5604
Refundable admission fee. [www.pruitthealth.com/the-oaks-at-whitaker-glen](http://www.pruitthealth.com/the-oaks-at-whitaker-glen)

SearStone, 17001 SearStone Dr., Cary, 27513 .................................................. 919-230-8441
Nonprofit; monthly fee and refundable entrance fee. [www.searstone.com](http://www.searstone.com)

Springmoor, 1500 Sawmill Rd., Raleigh, 27615 .................................................. 919-848-7057
Nonprofit. [www.springmoor.org](http://www.springmoor.org)

Windsor Point, 1221 Broad St., Fuquay-Varina, 27526 ........................................ 919-552-4580
Allows new residents to move directly into assisted living units. [www.windsorpoint.com](http://www.windsorpoint.com)

Active Adult Communities

An Active Adult Community is a housing development with homes for purchase that is often marketed to people 55+ who can live independently. These communities frequently have extra amenities designed to appeal to active retirees, such as planned activities and recreational facilities which may include community pools, walking trails, golf courses, health clubs, etc. Additional services may be available for additional cost.
Active adult communities may offer a variety of dwellings, such as freestanding homes, townhomes, patio or cluster homes, and condominiums. Homes are typically designed with an emphasis on qualities such as accessibility and low maintenance, and yardwork may be included in the community fees. These homes are often moderately-sized, to appeal to homeowners who no longer need a large house for a growing family, and are typically not modestly-priced (Wake County does not currently have any active adult communities for low-income homeowners).

Consult a realtor for details. Some of these communities have new homes; others have resale homes only.

**Carolina Preserve** (Cary; 55+)

**The Courtyards at Heritage Grove** (Wake Forest; all ages)

**The Courtyards at O’Kelly Chapel** (Cary; 55+)

**Evergreen at Flowers Plantation** (Clayton; 55+)

**Heritage Pines** (Cary; 55+)

**The Orchard Villas** (Apex; all ages)

**Regency at Brier Creek** (Raleigh; all ages)

**Regency at White Oak Creek** (Apex; all ages)

**The Village at Aversboro** (Garner; 55+)

**Villas of Wake Forest** (Wake Forest; 55+)

**The Walk at East Village** (Clayton; 55+)